



Lift Lines



Volume 1 Issue 1

Bucks Mount Ski Club

January 1997

Message from the President:

HAPPY HOLIDAYS! I sincerely hope that everyone had a fantastic holiday season. Happy Hanukkah, Merry Christmas, and a Happy New Year.

Now that the rush before the holidays has subsided, it is time to turn our attention to more important things. Skiing and that "other sport" that my kids want to do.

By the time you receive this newsletter, your own private physical conditioning program should be upmost on your mind. Not only should it be on your mind, but actually in practice. Three steps to fitness: put the remote down and actually change the channels by hand (this will promote stronger cardiovascular fitness); toss another log on the fire instead of turning up the thermostat (this helps strength conditioning); and check to see if you can see your feet and then put your shoes on by hand (this will promote flexibility).

On a serious note, many injuries occur because one doesn't take the time to stretch before any physical activity. Cold muscles can easily be injured. After putting your skis on, perform a



28th Anniversary Year

few stretches using both upper and lower body. Everyone is excited this first day back on the slopes. We can't wait to make that first run, especially on new snow. But take it easy the first day until your muscles are reminded of all the twists and turns they must perform during a normal day of skiing.

Our club has a fairly good track record over the years and we hope to continue this season. The club has had a number of good presentations on safety on the slopes, and what to do in an emergency, so let's have an exciting, but safe ski season.

Have fun! Think snow!

Wayne C. MacMath

Membership

The 1996-97 ski season is off to a fast start. We've had six meetings since September with an average of 60 or more skiers per meeting. These numbers were unheard of five years ago. The good news about Bucks Mount Ski Club is out, thanks to our Publicity Committee, Karl and Sully. The general membership has responded in their workplaces by putting out fliers about the club, plus talking to their skiing friends about our great trips. Membership is now 158 and still growing!

Membership applications can be obtained at our meetings from either Wayne and Maureen MacMath or Rita Murtha. The cost of a new membership is \$20 for singles and \$35 for families.

Meetings

Thanks to our Social Committee, every meeting has been well attended and no one went home hungry. "There is no meeting without eating." Our first meeting with pizza and beer was attended by over 80 people, definitely a club record. Wine and cheese, Halloween, fondue, and cookie nights were all a tremendous success. Thanks, Judy, Kathy, Barbara, Ellen, and Carol.

Our meeting at the Langhorne Ski Shop was good for both our club and the ski shop. Langhorne received over sixty requests for a special discounted ski tune-up and many of the group purchased at an additional discount clothing, boots, skis, and other accessories. In addition, Langhorne provided our club with good things to eat and drink.

1997 Club Meeting Schedule

- January 8 ----- Pizza and Beer Night
- January 22 ----- Dessert Night (please contact the Social Committee to bring your favorite dessert)
- February 5 ----- Ice Cream Night
- February 26 ----- Hoagie Night
- March 19 ----- Chinese Night (restaurant to be announced)

Meetings start at 8:30 pm at the Jesse Soby American Legion Post
Richardson & Bellevue Avenues, Langhorne, PA
Members and non-members are all welcome to attend.

Club Hot Line: (215) 364-4790

Social Events

Since September the club has participated in a number of activities that have been either good exercise or good food for the palate.

First, a **bike ride** along Route 29 from Stockton to Frenchtown. A beautiful day for viewing the river and great foliage. Thanks to Joe and Lynn Huttemann for organizing this activity.

Second, a **fitness hike** hosted by Barbara Zurlo in the Poconos. A ten mile hike through the hills and valleys around the Delaware Water Gap. Thanks Barb.

Third, **dinner at Julia's** in Old Forge, PA. Gary was a great host and served up good food, drink, and hospitality. Gary, thanks for the goodies for the way home.

The **Christmas party** was a huge success, attended by over 40 people. Thanks to our hostess Judy Lott and for the use of her lovely new home.

Watch for further details on the date and place of our annual **banquet** this spring. Call the Social Committee if you have any suggestions.

Mark your calendar. The Bucks Mount Ski club will be going to a **baseball game** to see the Trenton Thunder vs. Reading Phillies at Waterfront Park in Trenton on Wednesday, June 18th at 7:05. Seats are in the picnic area by third base. The price is \$26 per person, which includes admission, all you can eat hamburgers, cheeseburgers, hot-dogs, tossed salad, potato salad, pasta salad, pickle spears, pretzels, potato chips, watermelon, cookies, soft drinks, and beer. Without beer the cost is \$21. Food and drink starts one-half hour before the game and ends one hour after the first pitch. Karl has reserved tickets, so please tell him now that you are interested, even though it's months away.

Top Ten Reasons Why We Loved Our Ski Trip to Whistler/Blackcomb

10. Who says Avis tries harder?
9. Where else could we experience all four seasons in one week - or for that matter, on one gondola ride.
8. We finally learned the answer to the old Indian question: "What is it like to ski in a temperate rainforest?"
7. The terms CATWALKS, MOGULS, FOG, RAIN, CORDUROY ICE, and GORTEX all have taken on new meanings in our lives.
6. SKIER EQUIPPED VEHICLES simply means SKIER ON BOARD.
5. They have prompt, courteous medical care.
4. It was fun explaining to the immigration agent that we were who we said we were, even though our driver's license and birth certificate had different names.
3. Breathtaking view could be experienced for approximately five minutes each day. We learned to have the camera ready.
2. The Mexican food was great.

AND THE #1 REASON WHY WE LOVED WHISTLER/BLACKCOMB

1. Where else could you experience 8 lovely days with 60 fantastic people at that price? **HEY IT WAS CHEAP!!!!!!**

For Sale

Ladies Skis and Binding - \$175.00
Kastle 190 cm call Kathy Keefe
Geze Bindings at (215) 752-9192

Day Trip Alert!

Call now to arrange your spot on our day trips. Mail your check directly to the trip leader. Make checks out to the Bucks Mount Ski Club.

SKI WINDHAM, NY - \$57 per person. Try something new with us. Depart at 5:30 AM on Friday morning, January 24 for 1 day at Ski Windham. Better by design with new Whirlwind High Speed Quad, 33 trails on two peaks, and spacious base lodge. Cost includes continental breakfast and snacks. Call Kathy Lott at (215) 547-8776 and mail your check to: 130 Falls-Tullytown Rd., #115, Levittown, PA 19054.

ELK MOUNTAIN, PA - \$50 per person. Join us for this annual favorite. The local leader in challenge and terrain. Enjoy uncrowded slopes. Depart 5:30 AM on Friday morning, February 28 for 1 day at Elk Mountain. Continental breakfast and snacks. Call Rita Murtha at (215) 752-9662 and mail your check to: 3210 First Avenue, Bensalem, PA 19020.

REMINDER

Aspen Balance due January 22nd.

Mail to: Maureen MacMath
3435 Oakmont St.
Philadelphia, PA 19136

All other day and weekend balances are due 2 weeks prior to trip departure.

Officers for the 1996-1997 Season

President-----	Wayne MacMath-----	(215) 624-7751
V.P. Trips -----	Maureen MacMath -----	(215) 624-7751
Social Committee-----	Ellen Chauncey -----	(215) 357-8548
	Judy Lott -----	(215) 321-3485
	Kathy Lott-----	(215) 547-8776
	Carol Evans-----	(215) 752-4328
Treasurer -----	Vern Shaw -----	(215) 322-4037
Recording Secretary -----	Rita Murtha-----	(215) 752-9662
News Letter-----	Karl Flesch-----	(215) 493-0676
	Jill Neffle-----	(609) 581-3874
	Judy Lott -----	(215) 321-3485
	Kathy Lott-----	(215) 547-8776
Hospitality -----	Barbara Zurlo-----	(215) 890-8363
Publicity-----	Karl Flesch-----	(215) 493-0676
	Bill "Sully" Sulivan-----	(215) 757-6098

Ski Trips

All day/weekend ski trips include lift tickets, transportation on a lavatory equipped bus, videos and refreshments on the bus, driver tip, lodging, meals, and a box dinner on the return trip home. All weekend trips will depart at 5:00 PM from the Pizza Hut in Fairless Hills Shopping Center. All accommodations can be priced for double, triple or quad occupancy. Please indicate your choice on the waiver form when you sign up.

Children 18 years or younger may qualify for rate reductions when staying with their parents. Agreements with lodges vary, so check with Maureen to see what is most beneficial to your family.

PLEASE NOTE that you must be a member to go on overnight ski trips and you must fill out a waiver form with your initial trip deposit. Except for the Aspen trip, 50% is required for a deposit, and the balance is due 2 weeks prior to departure. Call Maureen NOW at (215) 624-7751 to make your reservation.

OKEMO/STRATTON, VT	FULL/WAITING LIST	January 10 - 13
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\$338 per person (quad occupancy)

\$351 per person (triple)

\$382 per person (double)

We will be returning to Trudy Dostal's, a club favorite. Dostal's takes pride in their exceptional service and fine meals. Lounge, bar, indoor pool and hot tubs, pool table and ping-pong are all ours to enjoy. There will be 2 days of skiing at Okemo and 1 day at Stratton or Okemo, depending on conditions.

WHITEFACE, NY	FULL/WAITING LIST	January 31 - February 2
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\$223 per person (quad occupancy)

\$237 per person (triple)

\$265 per person (double)

For the first time, staying at the Holiday Inn SunSpree Resort in the center of the village of Lake Placid. Indoor pool, jacuzzi, bar and entertainment. Ride to Whiteface, site of the 1980 Olympic downhill, for 2 days of skiing.

SUNDAY RIVER, ME / ATTITASH, NH	2 BUSES!	February 14 - 17
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\$341 per person (quad occupancy)

\$349 per person (triple)

\$357 per person (double)

A perennial favorite for President's Weekend! Back to Town & Country Motor Inn. Indoor pool and hot hub, bar and entertainment. Ski 2 days at Sunday River and 1 day at the expanded Attitash.

SUGARBUSH, VT	March 7 - 10
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\$372 per person (double)

Back after many years to THE NEW SUGARBUSH! Staying at the modestly priced Madbush Falls Country Lodge. Home of John Egan's Big World Pub & Grill. Ski 3 days at Sugarbush North & South, now connected by a high speed quad.

ASPEN / SNOWMASS, CO	March 27 - April 4
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\$829 per person

Included in price: airfare from Philadelphia, 8 nights lodging and transfers from airport to condo. Special lift ticket rates of \$165 for 6 days will be available. This is your chance to see the town you've heard so much about at an affordable price! There are still some condos available. **Call Maureen ASAP.**

Club Pins and T-Shirts

Club T-Shirts, all sizes, are available for \$9.00 each. This year, pins with our logo will be available to all members who desire them, FREE OF CHARGE. See Chuck or Evi at our meetings for these.

Winners of Free Lift Tix

One free day lift ticket for the trip of their choice goes to Brian Grimmert for signing up 4 new members and Joe Slemmer for signing up 3 new members. Thanks for helping to increase our membership.

Help the Needy

This year, our club is collecting can goods; non-perishable food items such as cereal and pasta; and other useful items such as soap, tissues, toothpaste, etc. to be donated in the spring to a local charity organization, which will distribute the items to the needy in our area. Put an extra item in your grocery cart when you go shopping and bring it to the next meeting. Your contribution will be greatly appreciated.

Ski the WEB

For those that have access to the WEB, take a sneak peek at what's going on at some of the hottest resorts in the USA and Europe with Resort Cam Sneak "Peak":

<http://www.rsn.com/cgi-bin/wt.cgi>

[/cams/camindex.html?wt=\(103188\)](http://cams/camindex.html?wt=(103188))

You will see some great daily pictures and conditions of the resorts.

Lift Lines

This is the first issue of our club's newly formatted newsletter. We hope you enjoyed it and we welcome your comments.

Job Opportunities!

Call Maureen: (215) 624-7751

1. Nordica - Customer Service Rep

\$25,000

2. Sports Authority - Sales Person

Roosevelt Blvd.

N.E. Philadelphia

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Bucks Mount Ski Club

P.O. Box 424

Levittown, PA 19058

Club Hot Line (215) 364-4790

Inside This Issue

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